



RESOURCES FOR UNION MEMBERS

SAN MATEO COUNTY

THESE ARE SOME OF THE MANY RESOURCES AVAILABLE.

FOR ASSISTANCE –

PLEASE CALL AFL-CIO COMMUNITY SERVICES 650 341-7711

ABUSE

ELDER (800) 675-8437
CHILD 802-7922
DOMESTIC VIOLENCE (800) 300-1080
RAPE 692-7273

ALCOHOL AND DRUG

HELPLINE 573-3950
ALCOHOLICS ANONYMOUS 577-1310
NAR ANON (800) 477-6291

CONSUMER

CONSUMER PROTECTION 363-4651
CONSUMER RIGHTS (415) 597-5700

COUNSELING

FAMILY / CHILDREN SERVICES 591-9623
CATHOLIC CHARITIES 295-2160
JEWISH FAMILY SERVICES 931-1800
COUNTY MENTAL HEALTH (800) 686-0101
GRIEF COUNSELING 321-5272

DISABLED

STATE DISABILITY INS (800) 480-3287
INFORMATION & REFERRAL 645-1780
TTY 522-9313

EMPLOYMENT / TRAINING

NOVA JOB CENTER 581-0058
JOBS FOR YOUTH 599-7215
JOBTRAIN 330-6429
TRADES INTRODUCTION PRGM 572-9920

FAMILY

STRESS 579-0350
CHILD CARE 517-1400
CHILD SUPPORT (866) 901-3212
YOUTH – CRISIS / HOMELESS 367-9687
FAMILY / MEDICAL LEAVE (800) 880-8047

FINANCIAL

DEBT COUNSELING (800) 777-7526
SPARKPOINT SKYLINE 738-7035
SPARKPOINT CANADA 381-3550
SPARKPOINT CSM 378-7275

FOOD

FOOD CONNECTION (800) 984-3663
FOOD STAMPS (800) 984-3663
FOOD BANK 610-0800

HEALTH

EMERGENCY 911
PUBLIC HEALTH / COVID 573-2222
HEALTH INSURANCE HOTLINE 616-2002
HOSPICE 554-1000
COVERED CALIFORNIA (800) 300-1506
..... www.CoveredCa.com

HOUSING

EMERGENCY SHELTER 685-5880
LANDLORD – TENANT 326-6440
HOMESHARING 348-6660
MORTGAGE COUNSELING 321-6291

IMMIGRATION

INFORMATION & REFERRAL 780-7530
WE RISE SF LABOR (415) 440-8798
RAPID RESPONSE SMC (203) 666-4472

LABOR

COMMUNITY SERVICES 341-7711
LABOR COUNCIL 572-8848
BUILDING TRADES 358-9977
TRADES INTRODUCTION PRGM 572-9920

LEGAL

LEGAL AID 558-0915
VICTIM SERVICES 599-7479
LAWYERS REFERRAL SRVC 369-4149
PRIVATE DEFENDER PRGM 298-4000
LEGAL AID AT WORK (415) 864-8848

SENIORS

INFORMATION & REFERRAL (800) 675-8437

SOCIAL SECURITY

INFORMATION & SERVICE (800) 772-1213

UNEMPLOYMENT

CLAIM FILING & INFO (800) 300-5616
SAN MATEO COUNTY EDD 688-6335

WOMEN

INFORMATION & REFERRAL 363-4872

VETERANS

INFORMATION & REFERRAL 802-6598

SAN MATEO COUNTY AFL-CIO COMMUNITY SERVICES

24-HOUR CRISIS HOTLINES

IN EMERGENCY - DIAL 911

AMBULANCE / PARAMEDIC.....	911
ALCOHOL CRISIS / DETOX.....	513-6500
DOMESTIC VIOLENCE	(800) 300-1080
CHILD ABUSE	802-7922
CRISIS / SUICIDE / FAMILY STRESS	579-0350
DISASTER	911
SUBSTANCE ABUSE	573-3950
ELDER ABUSE.....	(800) 675-8437
MENTAL HEALTH EMERGENCY	911
POISON	(800) 222-1222
RAPE.....	692-RAPE

WARMLINES

GENERAL INFORMATION AND REFERRAL CORE SERVICE CENTERS

These Community Based Organizations are general information and referral (I&R) centers and serve the geographical community in which they are located. They can provide or locate emergency food, housing, clothing, counseling and can make referrals to many other services and programs. (All are 650 area code)

These agencies are a good first call for information
OR CALL 211

YMCA COMMUNITY RESOURCE AGENCY	276-4101
(Serving Brisbane, So San Francisco, San Bruno)	
DALY CITY COMMUNITY SERVICES CENTER.....	991-8007
(Serving Daly City, Colma, Broadmoor)	
PACIFICA RESOURCE CENTER	738-7470
(Serving Pacifica)	
COASTSIDE HOPE	726-9071
(Moss Beach Montara El Granada Half Moon Bay San Gregorio La Honda Pescadero Loma Mar)	
SAMARITAN HOUSE	347-3648
(Serving Millbrae, Burlingame, Hillsborough, Foster City, San Mateo, Belmont, San Carlos)	
C.A.L.L. PRIMROSE.....	342-2255
(Serving Burlingame, Millbrae)	
FAIR OAKS COMMUNITY CENTER	780-7500
(Serving Redwood City, Atherton, Menlo Park, Portola Valley, Woodside)	
SAMARITAN HOUSE SOUTH.....	294-4312
(Serving East Palo Alto, East Menlo Park)	
PUENTE DE LA COSTA SUR.....	879-1691
(Serving La Honda, Loma Mar, Pescadero, San Gregorio)	
UNITED WAY BAY AREA.....	2-1-1



AFL-CIO Community Services and United Way Partnership



CALL AFL-CIO COMMUNITY SERVICES
 FOR ASSISTANCE (650) 341-7711
 In cooperation with United Way Bay Area